



NATIONAL
EUCHARISTIC
PILGRIMAGE

ARCHDIOCESE OF
BALTIMORE

SETON ROUTE

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ARCHDIOCESE
of BALTIMORE



NATIONAL
**Eucharistic
Pilgrimage**

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CONTINUE WITH THE REVIVAL

Learn More about the National Eucharistic Revival: www.eucharisticrevival.org

...and how the Archdiocese of Baltimore is participating: www.archbalt.org/aob-eucharistic-revival/



Scan for more prayers and music
or go to setonshrine.org/revivalmusic

THE EUCHARIST: JESUS' CRAZY LOVE

Each saint had a real and personal relationship with Jesus, and some of them left writings that offer incredible insight into what that relationship looked like. St. Catherine of Siena's relationship with Jesus might take the cake, though: she described the Lord as *pazzo d'amore*, which is Italian for "crazy in love."

And if you really think about it, Jesus said and did some pretty crazy things.

That God would become a tiny baby, born in a stable? Kind of crazy. That He would work miracles for and offer mercy to people who didn't deserve it? Crazy. His passion, death, and resurrection to save each of us, who have sinned against Him? CRAZY. And perhaps the craziest thing of all is the Eucharist; that the God of the universe comes to us in what looks like bread, but is actually His real, full, living self. He comes so that He can live and work inside of us, so that His heart can be right next to ours. We need the crazy love of Jesus, and the world needs it, too. And just like St. Catherine of Siena, He wants each of us to be part of the way that everyone finds out about and experiences His crazy love.

This is the whole reason for the Eucharistic Revival and Eucharistic Pilgrimage:

that the crazy love of Jesus given to us through the Eucharist might be experienced and spread throughout the Church and the country and the world!

The best way for that to happen is for us to receive the Eucharist at Mass, to experience His crazy love just like the saints did, and to let it transform us from the inside out. Receiving Jesus in the Eucharist gives us power and strength to live differently, to love others differently, and to invite others to come and experience His love, too. And another way to bring Jesus' love to the world is for us to love Jesus in the Eucharist in a way that people can see, a way that probably doesn't make sense to them, a way that might even seem... crazy. To bring the Eucharist out of our churches and onto the streets, where we can gaze at Him with love, smile with joy because He loves us, pray together as a community, all so that the world might have a glimpse into the relationship we have with Him. A Eucharistic procession gives us a chance to do exactly that. St. Catherine of Siena knew the crazy love of Jesus because she experienced it. That same crazy love is offered to each of us as He comes to us in the Eucharist.

Whether it be during this year of Eucharistic revival or 100 years from now, through our personal reception of the Eucharist at Mass and our participation in holy hours and Eucharistic processions, let's let Jesus love us. Let's respond to His invitation to love Him back. And let's bring that love that He has for each of us, and that we have for Him, out onto the streets and sidewalks and everywhere else, that the whole world might know: the God who made you is *crazy* in love with you.



ENKINDLE
CATHOLIC

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WHAT YOU'LL SEE DURING A EUCHARISTIC PROCESSION

Monstrance: the beautiful and usually fancy “container” for the Eucharist. It's beautiful and fancy because Jesus is God and He deserves something beautiful and fancy! But notice that the Eucharist is actually sitting in a part of the monstrance that isn't covered by gold or silver, it's just covered with glass, like a window: He wants us to see Him. As He always sees us.

Canopy: this is usually carried by 4 people, one on each corner, and covers the priest or deacon who is holding Jesus in the monstrance. It provides shade and cover for the priest or deacon, of course, but it also is a reminder that something, someONE very special is here: Jesus Himself.

Incense: as Catholics, we use incense a lot, and that's because it's a physical reminder that, just like the smoke from the incense, our prayers are sweet as they rise to Jesus! He loves when we pray to Him! The incense reminds us that we are asking Jesus to make us holy; to allow His crazy love to come into our hearts and to change us from the inside, more and more, so that we become more and more like Him.

Pauses: A Eucharistic Procession usually has a few stops or pauses along the way, when Jesus in the monstrance is placed on an altar for a little bit. This gives everyone time to gather around the Eucharist and sing, pray, and receive a blessing together, which is harder to do when you're all spread out in a procession. But it also reminds us of one more reality of Jesus' crazy love: He doesn't just want to “pass by,” He wants to dwell with us. He wants to stay. He is Emmanuel, God who is WITH US.

Joy: This part of the procession depends on YOU. Jesus' love changes us and brings joy, and joy is contagious! It's up to you and me to actually let that joy shine through us so that the world might see it and know that what we have is meant for them, too.

GAINING A PLENARY INDULGENCE

"A decree issued by the Apostolic Penitentiary and approved by Pope Francis indicates that the **plenary indulgence**¹ will be granted to the Christian faithful who participate in the National Eucharistic Pilgrimage at any point between May 17 and July 16, 2024. It will also be granted to the elderly, infirm, and all those who cannot leave their homes for a serious reason and who participate in spirit with the National Eucharistic Pilgrimage, uniting their prayers, pains, or inconveniences with Christ and the pilgrimage. This indulgence is granted under the usual conditions of **sacramental Confession, Eucharistic Communion, and prayer for the intentions of the Holy Father**. The faithful may also apply this indulgence through suffrage for the souls of the faithful departed in Purgatory." (USCCB, announcement of April 9, 2024, emphasis added)

"An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven ... an indulgence is partial or plenary according as it removes either part or all of the temporal punishment due to sin." (Catechism of the Catholic Church 1471)

THE DIVINE PRAISES

Say each phrase with the presider:

Blessed be God.

Blessed be his holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the Name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most holy Sacrament of the altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste Spouse.

Blessed be God in his Angels and in his Saints.

ACCLAMATIONS

You have given them bread from heaven.

R/ Having all sweetness within it.

Blessed be Jesus in the Most Holy Sacrament of the altar.

R/ Both now and forever.

May the heart of Jesus, in the Most Blessed Sacrament,
be praised, adored, and loved with grateful affection,
at every moment, in all the tabernacles of the world,
even to the end of time.

THE CHAPLET OF DIVINE MERCY

Saint Faustina Kowalska (1905-1938)

Opening Prayer

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You!

Recite one Our Father, one Hail Mary, and the Apostle's Creed. Then, on the Our Father beads of the rosary, say the following words:

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ,

R/ in atonement for our sins and those of the whole world.

On the Hail Mary beads, say the following words:

For the sake of His sorrowful Passion,

R/ have mercy on us and on the whole world.

At the conclusion of the chaplet, say three times:

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Closing Prayer:

Eternal God, in Whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

LITANY OF THE SACRED HEART OF JESUS

Lord, have mercy

Christ, have mercy

Lord, have mercy

Christ hear us

Christ graciously hear us

Lord, have mercy

Christ, have mercy

Lord, have mercy

Christ hear us

Christ graciously hear us

Respond with "Have mercy on us."

God our Father in heaven

God the Son, Redeemer of the world

God the Holy Spirit

Holy Trinity, one God

Heart of Jesus, Son of the
eternal Father

Heart of Jesus, formed by the Holy
Spirit in the womb of the
Virgin Mother

Heart of Jesus, one with the
eternal Word

Heart of Jesus, infinite in majesty

Heart of Jesus, holy temple of God

Heart of Jesus, tabernacle of the
Most High

Heart of Jesus, house of God and gate
of heaven

Heart of Jesus, aflame with love for us

Heart of Jesus, source of justice
and love

Heart of Jesus, full of goodness
and love

Heart of Jesus, well-spring of all virtue

Heart of Jesus, worthy of all praise

Heart of Jesus, king and center of
all hearts

Heart of Jesus, treasure-house
of wisdom and knowledge

Heart of Jesus, in whom there
dwells the fullness of God

Heart of Jesus, in whom the Father
is well pleased

Heart of Jesus, from whose fullness
we have all received

Heart of Jesus, desire of the
eternal hills

Heart of Jesus, patient and
full of mercy

Heart of Jesus, generous to all
who turn to you

Heart of Jesus, fountain of life
and holiness

Heart of Jesus, atonement for our sins

Heart of Jesus, overwhelmed
with insults

Heart of Jesus, broken for our sins

Heart of Jesus, obedient even to death

Heart of Jesus, pierced by a lance

Heart of Jesus, source of
all consolation

Heart of Jesus, our life
and resurrection

Heart of Jesus, our peace
and reconciliation

Heart of Jesus, victim of our sins

Heart of Jesus, salvation of all

who trust in you
Heart of Jesus, hope of all
Lamb of God, you take away the sins of the world
Lamb of God, you take away the sins of the world
Lamb of God, you take away the sins of the world
Jesus, meek and humble of heart

who die in you
Heart of Jesus, delight of all the saints
Spare us O Lord
Graciously hear us O Lord
Have mercy on us O Lord
make our hearts like unto thine

Let us pray

Almighty and eternal God, look upon the Heart of your most beloved Son and upon the praises and satisfaction which He offers you in the name of sinners; and to those who implore your mercy, in your great goodness, grant forgiveness in the name of the same Jesus Christ, your Son, who lives and reigns with you forever and ever. **R/ Amen.**

LITANY OF THE PASSION

Lord, have mercy
Christ, have mercy
Lord, have mercy

Lord, have mercy
Christ, have mercy
Lord, have mercy

Respond with "Have mercy on us."

God our Father in heaven
God the Son, Redeemer of the world
God the Holy Spirit
Holy Trinity, one God
Jesus, the eternal Wisdom
Jesus, Word made Flesh
Jesus, hated by the world
Jesus, sold for thirty pieces of silver
Jesus, prostrate in prayer
Jesus, strengthened by an angel
Jesus, agonizing in a bloody sweat
Jesus, betrayed by Judas with a kiss
Jesus, bound by the soldiers
Jesus, forsaken by your disciples
Jesus, before Annas and Caiaphas
Jesus, struck by a servant on the face

Jesus, accused by false witnesses
Jesus, declared worthy of death
Jesus, spit upon in the face
Jesus, blindfolded
Jesus, smitten on the cheek
Jesus, thrice denied by Peter
Jesus, delivered up to Pilate
Jesus, despised and mocked by Herod
Jesus, clothed in a white garment
Jesus, rejected for Barabbas
Jesus, torn by scourges
Jesus, bruised for our sins
Jesus, regarded as a leper
Jesus, covered with a purple robe
Jesus, crowned with thorns
Jesus, struck with a reed

Jesus, demanded for crucifixion
Jesus, condemned to death
Jesus, given up to your enemies
Jesus, laden with the Cross
Jesus, led as a lamb to the slaughter
Jesus, stripped of your garments
Jesus, fastened with nails to the Cross
Jesus, wounded for our iniquities
Jesus, praying for your murderers
Jesus, reputed with the wicked
Jesus, blasphemed on the Cross
Jesus, reviled by the malefactor
Jesus, giving Paradise to the thief
Jesus, commending Saint John to your
 Mother as her son
Jesus, forsaken by your Father
Jesus, given gall and vinegar to drink

Jesus, testifying that all things written
 concerning you were accomplished
Jesus, commending your spirit into
 the hands of your Father
Jesus, obedient even unto death
Jesus, pierced with a lance
Jesus, made a propitiation for us
Jesus, taken down from the Cross
Jesus, laid in a sepulcher
Jesus, rising gloriously from the dead
Jesus, ascending into heaven
Jesus, our Advocate with the Father
Jesus, sending down the Holy Spirit
Jesus, exalting your Mother
Jesus, who shall come to judge the
 living and the dead

Be merciful
Be merciful

Spare us, O Lord
Graciously hear us, O Lord

Respond with "Deliver us, O Jesus"

From all evil
From all sin
From anger, hatred, and every evil will
From war, famine, and pestilence
From all dangers of mind and body
From everlasting death
Through your most pure conception
Through your miraculous nativity
Through your humble circumcision
Through your baptism and fasting
Through your labors and watchings

Through your cruel scourging and
crowning
Through your thirst, and tears, and
nakedness
Through your precious death and
Cross
Through your glorious resurrection
and ascension
Through your sending forth the Holy
Spirit, the Paraclete

Respond with "We beseech you, hear us."

In the day of judgement
That you would spare us
That you would pardon us
That you would bring us to true penance
That you would pour into our hearts the grace of the Holy Spirit
That you would defend and propagate your Church
That you would preserve and increase all societies assembled in your holy Name
That you would bestow upon us true peace, humility, and charity
That you would give us perseverance in grace and in your holy service
That you would deliver us from unclean thoughts, the temptations of the devil, and everlasting damnation
That you would unite us to the company of your Saints
That you would graciously hear us

Lamb of God, you take away the sins of the world
Lamb of God, you take away the sins of the world
Lamb of God, you take away the sins of the world
Christ hear us

**Spare us, O Lord
Graciously hear us, O Lord
Have mercy on us
Christ, graciously hear us**

Lord, have mercy
Christ, have mercy
Lord, have mercy

**Lord, have mercy
Christ, have mercy
Lord, have mercy**

We adore you, O Christ, and we bless you,

because by your holy Cross you have redeemed the world

Let us pray

O God, for the redemption of the world you were pleased to be born, to be circumcised, to be rejected, betrayed and bound, to be led to the slaughter; to be shamefully gazed at, falsely accused and scourged, to be spit upon, crowned with thorns, mocked and reviled, to be pushed and struck with rods, to be stripped and nailed to the cross, to be counted among the transgressors, to drink gall and vinegar, to be pierced with a lance. Through your most holy passion, which we, your sinful servants, remember, and by your holy cross and gracious death deliver us from the pains of hell, and lead us where you led the thief who was crucified with you, where with the Father and the Holy Spirit you live and reign, now and forever. **R/ Amen.**

LITANY OF THE MOST PRECIOUS BLOOD

Lord, have mercy

Christ, have mercy

Lord, have mercy

God our Father in heaven

God the Son, Redeemer of the world

God the Holy Spirit

Holy Trinity, one God

Lord, have mercy

Christ, have mercy

Lord, have mercy

have mercy on us

have mercy on us

have mercy on us

have mercy on us

Respond with "Be our salvation."

Blood of Christ, only Son of the Father

Blood of Christ, incarnate Word

Blood of Christ,

of the new and eternal covenant

Blood of Christ,

that spilled to the ground

Blood of Christ,

that flowed at the scourging

Blood of Christ,

dripping from the thorns

Blood of Christ, shed on the cross

Blood of Christ,

the price of our redemption

Blood of Christ,

our only claim to pardon

Blood of Christ, our blessing cup

Blood of Christ,

in which we are washed

Blood of Christ, torrent of mercy

Blood of Christ, that overcomes evil

Blood of Christ,

strength of the martyrs

Blood of Christ,

endurance of the saints

Blood of Christ,

that makes the barren fruitful

Blood of Christ,

protection of the threatened

Blood of Christ, comfort of the weary

Blood of Christ, solace of the mourner

Blood of Christ, hope of the repentant

Blood of Christ,

consolation of the dying

Blood of Christ,

our peace and refreshment

Blood of Christ, our pledge of life

Blood of Christ,

by which we pass to glory

Blood of Christ, most worthy of honor

Lamb of God, you take away the sins of the world

Lamb of God, you take away the sins of the world

Lord, you redeemed us by your blood

have mercy on us

have mercy on us

You have made us a kingdom to serve our God

Let us pray

O God, who by the Precious Blood of your Only Begotten Son
have redeemed the whole world,
preserve in us the work of your mercy,
so that, ever honoring the mystery of our salvation,
we may merit to obtain its fruits.
Through Christ our Lord.

R/ Amen.

LITANY OF THE MOST BLESSED SACRAMENT

Lord, have mercy
Christ, have mercy
Lord, have mercy

Lord, have mercy
Christ, have mercy
Lord, have mercy

Respond with "Have mercy on us."

God our Father in heaven
God the Son, Redeemer of the world
God the Holy Spirit
Holy Trinity, one God
Jesus, Eternal High Priest of the
Eucharistic Sacrifice
Jesus, Divine Victim on the
Altar for our salvation
Jesus, hidden under the
appearance of bread
Jesus, dwelling in the
tabernacles of the world
Jesus, really, truly and substantially
present in the Blessed Sacrament
Jesus, abiding in Your fulness,
Body, Blood, Soul and Divinity
Jesus, Bread of Life
Jesus, Bread of Angels
Jesus, with us always until the
end of the world
Sacred Host, summit and source of

all worship and Christian life
Sacred Host, sign and cause of
the unity of the Church

Sacred Host, adored by
countless angels
Sacred Host, spiritual food
Sacred Host, Sacrament of love
Sacred Host, bond of charity
Sacred Host, greatest aid to holiness
Sacred Host, gift and glory of
the priesthood
Sacred Host, in which we
partake of Christ
Sacred Host, in which the soul is
filled with grace
Sacred Host, in which we are given
a pledge of future glory
Blessed be Jesus in the Most Holy
Sacrament of the Altar

Blessed be Jesus in the Most Holy
Sacrament of the Altar
Blessed be Jesus in the Most Holy
Sacrament of the Altar
For those who do not believe in

Your Eucharistic presence
For those who are indifferent to
the Sacrament of Your love
For those who have offended You in
the Holy Sacrament of the Altar

Respond with "We beseech You, hear us."

That we may show fitting reverence when entering Your holy temple
That we may make suitable preparation before approaching the Altar
That we may receive You frequently in Holy Communion with real devotion and
true humility
That we may never neglect to thank You for so wonderful a blessing
That we may cherish time spent in silent prayer before You
That we may grow in knowledge of this Sacrament of sacraments
That all priests may have a profound love of the Holy Eucharist
That they may celebrate the Holy Sacrifice of the Mass in accordance with its
sublime dignity
That we may be comforted and sanctified with Holy Viaticum at
the hour of our death
That we may see You one day face to face in Heaven

Lamb of God, you take away the sins of the world
Lamb of God, you take away the sins of the world
Lamb of God, you take away the sins of the world

Spare us, O Lord
Graciously hear us, O Lord
Have mercy on us

V: O Sacrament Most Holy, O Sacrament Divine,
R/ All praise and all thanksgiving be every moment Thine.

Let us pray

Most merciful Father, You continue to draw us to Yourself through the Eucharistic
Mystery. Grant us fervent faith in this Sacrament of love,
in which Christ the Lord Himself is contained, offered and received. We make this
prayer through the same Christ our Lord.

R/ Amen

HYMNS

Pange Lingua

Saint Thomas Aquinas
Tune: PANGE LINGUA

Pange lingua gloriósi,
Córporis mystérium
Sanguínisque pretiósi,
Quem in mún-di prétium
Fructus ventris generósi
Rex effúdit géntium.

Nobis datus, nobis natus
Ex intácta Vírgine,
Et in mún-do conversátus,
Sparso verbi sémine,
Sui moras incolátus
Miro clausit ór-dine.

In suprémae nocte coenae,
Récumbens cum frátribus,
Observáta lege plene
Cibis in legálibus,
Cibum turbae duodénae
Se dat suis má-nibus.

Verbum caro, panem verum
Verbo carnem éfficit:
Fitque sanguis Christi merum,
Et si sensus déficit,
Ad firmándum cor sincérum
Sola fides súfficit.

Canta Lengua Jubilosa

Santo Tomás de Aquino
Tune: PANGE LINGUA

Canta lengua jubilosa
El misterio del altar,
De la sangre generosa
Y del cuerpo que es manjar,
Los dio el Rey de las naciones
Para el mundo rescatar.

De María virgen pura
Para dársenos nació,
Habitando en nuestro mundo
Como hermano nos habló,
Y su paso entre nosotros
En prodigio terminó.

En la cena postrimera
Hasta el fin llevó su amor,
Observando todo el rito
Que en la Ley se prescribió,
Hizo su cuerpo comida
Y a los doce se entregó.

Con palabra poderosa
El Verbo hijo de Dios,
En su cuerpo y en su sangre,
Pan y vino transformó,
Los sentidos no lo entienden,
Mas la fe lo recibió.

Sing My Tongue, the Savior's Glory

Saint Thomas Aquinas

Tune: PANGE LINGUA

Sing, my tongue, the Savior's glory,
Of his flesh the myst'ry sing;
Of the Blood, all price exceeding,
Shed by our immortal King,
Destined for the world's redemption,
From a noble womb to spring.

Of a pure and spotless virgin
Born for us on earth below,
He, as man, with us conversing,
Stayed, the seeds of truth to sow;
Then he closed in solemn order
Wondrously his life of woe.

On the night of that last supper,
Seated with his chosen band,
He, the Paschal victim eating,
First fulfills the Law's command;
Then as food, to the disciples
Gives himself with his own hand.

Word made flesh, the bread of nature
By his word to flesh he turns;
Wine into his blood he changes:
What though sense no change
discerns?
Only be the heart in earnest,
Faith its lesson quickly learns.

Tantum Ergo

Saint Thomas Aquinas

Tune: Tantum Ergo

Tantum ergo Sacraméntum
Venerémur cernui:
Et antíquum documéntum
Novo cedat rítui:
Praestet fides suppleméntum
Sénsuum deféctui.

Genitóri, Genitóque
Laus et jubilátio,
Salus, honor, virtus quoque
Sit et benedíctio:
Procedénti ab utróque
Compar sit laudátio. Amen.

A Tan Grande

Santo Tomás de Aquino

Tune: Tantum Ergo

A tan grande sacramento
Rindamos adoración
Que en figuras anunciando
Plenamente se cumplió,
Veneremos el misterio
Con la fe del corazón.

A Dios Padre soberano
Y a su Hijo el Señor
Alabanza y gloria eternas
E incesante bendición,
Y al Espíritu Divino
Eternos himnos de amor. Amén.

Down in Adoration Falling

Saint Thomas Aquinas

Tune: Tantum Ergo

Down in adoration falling,
This great sacrament we hail;
Over ancient forms of worship
Newer rites of grace prevail;
Faith will tell us Christ is present,
When our human senses fail.

To the everlasting Father,
And the Son who made us free,
And the Spirit, God proceeding
From them each eternally,
Be salvation, honor, blessing,
Might and endless majesty.

Adoro te Devote

Saint Thomas Aquinas

Tune: Adoro te Devote

Adóro te devóte, latens Déitas,
Quae sub his figúris vere látitas:
Tibi se cor meum totum súbjicit,
Quia te contéplans totum déficit.

Visus, tactus, gustus in te fállitur,
Sed audítu solo tuto créditur:
Credo quidquid dixit Dei Fílius:
Níl hoc verbo veritátis vérius.

In cruce latébat sola Déitas,
At hic latet simul et humánitas
Ambo tamen credens atque cónfitens,
Peto quod petívit latro paénitens.

Plagas, sicut Thomas, non intúeor:
Deum tamen meum te confíteor:
Fac me tibi semper magis crédere,
In te spem habére, te dilígere.

O memoriále mortis Dómini,
Panis vivus vitam praestans hómini,
Praesta meae menti de te vívere,
Et te illi semper dulce sápere.

Pie pellicáne, Jesu Dómine,
Me immúndum munda tuo sángine,
Cujus una stilla salvum fácere
Totum mundum quit ab omni scélere.

Jesu, quem velátum nunc aspício,
Oro fiat illud quod tam sítio:
Ut te reveláta cernens fácie,
Visu sim beátus tuae glóriae.

The Word of Heav'n Proceeding Forth

St. Thomas Aquinas; tr. Neale

Tune: WERNER

The Word of heav'n proceeding forth,
Yet leaving not the Father's side,
Went forth upon His work on earth
And reached at length life's eventide.

By false disciple to be given
To evil men for blood athirst,
Himself, the living Bread from heaven,
He gave to His disciples first.

To them He gave, in twofold kind,
His very Flesh, His very Blood:
That man, of soul and body blent
Might wholly feed on mystic food.

By birth, he heav'nly friendship gave
By sacrament, our life restored
Dying and rising deigned to save
Reigns now in heaven, our great reward.

O saving Victim, opening wide
The gate of heav'n to all below:
Our foes press on from every side;
Your aid supply, Your strength bestow.

To Your great Name be endless praise,
Immortal Godhead, One in Three!
O grant us endless length of days
In our true native land with Thee.

Behold the Sin-Atoning Lamb

John Fawcett, 1739-1817

Tune: WINCHESTER NEW

Behold the Sin-Atoning Lamb
With wonder, gratitude, and love:
To take away our guilt and shame,
See him descending from above.

Our sin and guilt on him were laid:
He meekly bore the mighty load;
Our ransom price he fully paid,
In groans and tears, in sweat and blood.

To save a guilty world he dies:
Come, all behold the bleeding Lamb!
To him lift up your longing eyes,
And hope for mercy in his name.

Mercy and peace through him abound;
He can the richest blessings give;
Salvation in his name is found--
He bids the dying sinner live.

Jesus, my Lord, we look to thee;
Where else can helpless sinners go?
Thy boundless love shall set us free
From all our wretchedness and woe.

The Church's One Foundation

S.J. Stone

Tune: AURELIA

The Church's one Foundation
Is Jesus Christ her Lord,
She is His new creation
By water and the Word.
From heaven He came and sought her
To be His holy bride;
With His own blood He bought her
And for her life He died.

Elect of every nation,
Yet one o'er all the earth;
Her charter of salvation,
One Lord, one faith, one birth;
One holy Name she blesses,
Partakes one holy food,
And to one hope she presses,
With every grace endued.

The Church shall never perish!
Her dear Lord to defend,
To guide, sustain, and cherish,
Is with her to the end:
Though there be those who hate her,
And false ones in her midst,
Against both foe and failure
She ever shall persist.

'Mid toil and tribulation,
And tumult of her war,
She waits the consummation
Of peace forevermore;
Till, with the vision glorious,
Her longing eyes are blest,
And the great Church victorious
Shall be the Church at rest.

Yet she on earth has union
With God the Three in One,
And mystic sweet communion
With those whose rest is won,
O happy ones and holy!
Lord, give us grace that we
Like them, the meek and lowly,
On high may dwell with Thee

Let All Mortal Flesh Keep Silence

Cherubic Hymn, 4th c.; tr. Moultrie

Tune: PICARDY

Let all mortal flesh keep silence,
and with fear and trembling stand;
set your minds on things eternal,
for with blessing in his hand
Christ our God to earth descended,
come our homage to command.

King of kings, yet born of Mary,
once upon the earth he stood;
Lord of lords we now perceive him
in the body and the blood.
He has given to all the faithful
his own self for heavenly food.

O Food of Trav'lers, Angels' Bread

O esca viatorum 17th c.; tr. Shewring

Tune: LAAST UNS ERFREUEN

O food of trav'lers, angels' bread,
Manna with which the blest are fed
Alleluia! Alleluia!
Come now and with your sweetness
fill
The hungry hearts that seek you still
Alleluia! Alleluia!
Alleluia! Alleluia! Alleluia!

Rank on rank, the host of heaven
stream before him on the way,
as the Light of Light, descending
from the realms of endless day,
comes, the powers of hell to vanquish,
clears the gloom of hell away.

At his feet the six-winged seraph,
cherubim with sleepless eye
veil their faces to his presence,
as with ceaseless voice they cry:
"Alleluia, alleluia!
Alleluia, Lord Most High!"

O fount of love, O well unpriced
Outpouring from the heart of Christ
Alleluia! Alleluia!
Give us to drink of very thee
And all we pray shall answered be.
Alleluia! Alleluia!
Alleluia! Alleluia! Alleluia!

O bring us to that time and place
When we shall see your unveiled face
Alleluia! Alleluia!
O grant that when the veil is torn
We may behold you as you are!
Alleluia! Alleluia!
Alleluia! Alleluia! Alleluia!

Godhead Here in Hiding

St. Thomas Aquinas; tr. Hopkins

Tune: ADORO TE DEVOTE

Godhead here in hiding,
whom I do adore,
Masked by these bare shadows,
shape and nothing more,
See, Lord, at-- thy service
low lies here a heart
Lost, all lost in wonder
at the God thou art.

Seeing, touching, tasting
are in thee deceived:
How says trusty hearing?
that shall be believed;
What God's Son-- has told me,
take for truth I do;
Truth himself speaks truly
or there's nothing true.

On the cross thy godhead
made no sign to men,
Here thy very manhood
steals from human ken:
Both are my-- confession,
both are my belief,
And I pray the prayer
of the dying thief.

I am not like Thomas,
wounds I cannot see,
But can plainly call thee
Lord and God as he;
Let me to-- a deeper faith
daily nearer move,
Daily harder hope and
daily dearer love.

O thou our reminder
of the crucified,
Living Bread, the life of
us for whom he died,
Lend this life-- to me then;
feed and feast my mind,
There be thou the sweetness
man was meant to find.

Bring the tender tale true
of the Pelican;
Bathe me, Jesus Lord, in
what thy bosom ran
Blood whereof-- a single drop
has the pow'r to win
All the world forgiveness
of its world of sin.

Holy God We Praise Thy Name

Te Deum, 4th c.;

ad. Franz; tr. Walworth

Tune: GROSSER GOTT

Holy God, we praise Thy name;
Lord of all, we bow before Thee!
All on earth Thy scepter claim,
All in Heaven above adore Thee;
Infinite Thy vast domain,
Everlasting is Thy reign.

Hark! the loud celestial hymn
Angel choirs above are raising,
Cherubim and seraphim,
In unceasing chorus praising;
Fill the heavens with sweet accord:
Holy, holy, holy, Lord.

Lo! the apostolic train
Join the sacred name to hallow;
Prophets swell the loud refrain,
And the white-robed martyrs follow;
And from morn to set of sun,
Through the Church the song goes on.

Holy Father, Holy Son,
Holy Spirit, Three we name Thee;
While in essence only One,
Undivided God we claim Thee;
And adoring bend the knee,
While we own the mystery.

Thou art King of glory, Christ:
Son of God, yet born of Mary;
For us sinners sacrificed,
And to death a Tributary:
First to break the bars of death,
Thou has opened Heaven to faith.

From Thy high celestial home,
Judge of all, again returning,
We believe that Thou shalt come
In the dreaded doomsday morning;
When Thy voice shall shake the earth,
And the startled dead come forth.

Therefore do we pray Thee, Lord:
Help Thy servants whom, redeeming
By Thy precious blood outpoured,
Thou hast saved from Satan's
scheming.

Give to them eternal rest
In the glory of the blest.

Spare Thy people, Lord, we pray,
By a thousand snares surrounded:
Keep us without sin today,
Never let us be confounded.

Lo, I put my trust in Thee;
Never, Lord, abandon me.

Praise to the Holiest in the Height

St. John Henry Newman

Tune: NEWMAN

Praise to the holiest in the height
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.

O loving wisdom of our God!
When all was sin and shame,
a second Adam to the fight
and to the rescue came.

O wisest love! that flesh and blood,
which did in Adam fail,
should strive afresh against the foe,
should strive and should prevail;

O Lord, I am not Worthy

*O Herr, ich bin nicht wurdig;
landshuter Gesanbuch, 1777; tr. Anon.*

Tune: NON DIGNUS

O Lord, I am not worthy
That thou should'st come to me;
But speak the word of comfort,
My spirit healed shall be.

And humbly I'll receive thee,
The Bridegroom of my soul,
No more by sin to grieve thee
Or fly thy sweet control.

And that a higher gift than grace
should flesh and blood refine,
God's presence and his very self,
and essence all-divine.

O generous love! that he, who smote
in Man for man the foe,
the double agony in Man
for man should undergo;

And in the garden secretly,
and on the cross on high,
should teach his brethren, and inspire
to suffer and to die.

Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways

Eternal Holy Spirit,
Unworthy though I be,
Prepare me to receive him
And trust the Word to me.

Increase my faith, dear Jesus,
In thy real presence here,
And make me feel most deeply
That thou to me art near.

Jesus, My Lord, My God, My All

Frederick Faber

Tune: SWEET SACRAMENT

Jesus! my Lord, my God, my all!
How can I love Thee as I ought?
And, how revere this wondrous gift,
So far surpassing hope or thought?

REFRAIN:

Sweet Sacrament! we Thee adore!
O, make us love Thee more and more!

Had I but Mary's sinless heart
To love Thee with, my dearest King!
O with what bursts of fervent praise
Thy goodness, Jesus, would I sing!
REFRAIN

O see! within a creature's hand
The vast Creator deigns to be,
Reposing infant-like, as though
On Joseph's arm, or Mary's knee.
REFRAIN

Thy Body, Soul, and Godhead, all!
O mystery of love divine!
I cannot compass all I have,
For all Thou hast and art are mine!
REFRAIN

Sound, sound His praises higher still,
And come, ye angels, to our aid,
'Tis God! 'Tis God! the very God
Whose power both man and angels
made! REFRAIN

Ring joyously, ye solemn bells!
And wave, O wave, ye censers bright!
'Tis Jesus cometh, Mary's Son
And God of God, and Light of Light!
REFRAIN

O earth! grow flowers beneath his feet,
And thou, O sun, shine bright this day!
He comes! He comes! O Heaven on
earth!
Our Jesus comes upon His way!
REFRAIN

He comes! He comes! The Lord of Hosts,
Borne on His throne triumphantly!
We see Thee, and we know Thee, Lord;
And yearn to shed our Blood for Thee.
REFRAIN

Our hearts leap up; our trembling song
Grows fainter still; we can no more;
Silence! and let us weep - and die
Of very love, while we adore.
REFRAIN

Alleluia, Sing to Jesus

William Dix

Tune: HYFRYDOL

Alleluia! sing to Jesus!
His the sceptre, his the throne;
Alleluia! his the triumph,
His the victory alone.
Hark! The songs of peaceful Zion
Thunder like a mighty flood.
Jesus out of every nation
Has redeemed us by his blood

Alleluia! not as orphans
Are we left in sorrow now;
Alleluia! he is near us;
Faith believes nor questions how:
Though the cloud from sight received
him,
When the forty days were over,
Shall our hearts forget his promise,
"I am with you evermore"?

Alleluia! Bread of Angels,
Here on earth our food, our stay!
Alleluia! here the sinful
Flee to you from day to day:
Intercessor, friend of sinners,
Earth's Redeemer, plead for me,
Where the songs of all the sinless
Sweep across the crystal sea.

Alleluia! King eternal,
You the Lord of lords we own;
Alleluia! born of Mary,
Earth your footstool, heaven your
throne:
You, within the veil, have entered,
Robed in flesh, our great High Priest:
Here on earth both priest and victim
In the Eucharistic feast.

Lord who at thy first Eucharist

William H. Turton

Tune: UNDE ET MEMORES

Lord who at Thy first Eucharist didst pray
That all Thy Church might be forever one,
Grant us at ev'ry Eucharist to say
With longing heart and soul, "Thy will be done."
O may we all one bread, one body be,
Through this blest sacrament of unity.

For all Thy Church, O Lord, we intercede;
Make Thou our sad divisions soon to cease;
Draw us the nearer each to each, we plead,
By drawing all to Thee, O Prince of Peace;
Thus may we all one bread, one body be,
Through this blest sacrament of unity.

We pray Thee too for wand'ers from Thy fold;
O bring them back, good Shepherd of the sheep,
Back to the faith which saints believed of old,
Back to the Church which still that faith doth keep;
Soon may we all one bread, one body be,
Through this blest sacrament of unity.

So, Lord, at length when sacraments shall cease,
May we be one with all Thy Church above,
One with Thy saints in one unbroken peace,
One with Thy saints in one unbounded love;
More blessèd still, in peace and love to be
One with the Trinity in unity.

O Sacrament Most Holy

Irvin Udulutsch; refrain from the
Raccolta

Tune: FULDA MELODY

O Jesus, we adore you,
Who in your love divine,
Conceal your mighty Godhead
In forms of bread and wine.

REFRAIN

REFRAIN:

O sacrament most holy,
O sacrament divine,
All praise and all thanksgiving
Be ev'ry moment thine!

O Jesus, we adore you,
Our victim and our priest,
Whose precious blood and body
Become our sacred feast.

REFRAIN

O Jesus, we adore you,
Our Savior and our King,
And with the saints and angels
Our humble homage bring.

REFRAIN

O Jesus, we adore you;
Come, live in us, we pray,
That all our thoughts and actions
Be yours alone today

REFRAIN

O come, all you who labor
In sorrow and in pain;
Come, eat this bread from heaven;
Your peace and strength regain.

REFRAIN

MOTHER SETON

Elizabeth Ann Bayley was born in New York City on August 28, 1774, to a prominent Episcopal family, and lost her mother at the age of three. In 1794, at the age of 19, Elizabeth married William Magee Seton, a wealthy businessman with whom she had five children. Soon after William died in 1803, Elizabeth discovered Catholicism. She was deeply moved by the true presence of Jesus in the Blessed Sacrament. She entered the Catholic Church in 1805. After a number of difficult years, Elizabeth moved in 1809 to Emmitsburg, Maryland, where she founded the Sisters of Charity of St. Joseph's, the first community for religious women established in the United States. She also began St. Joseph's Academy and Free School, planting the seeds of Catholic education in the United States.



Her legacy now includes religious congregations in the United States and Canada, whose members work on the unmet needs of people living in poverty all over the world.

Mother Seton, as she is often called, was canonized on Sunday, September 14, 1975. She was the first citizen born in the United States to be given the title of "Saint." Her remains are entombed in the Basilica at the National Shrine in Emmitsburg. During the National Eucharistic Pilgrimage pilgrims will walk in Mother Seton's footsteps. Mother Seton School is a direct descendant of the original school founded in 1810. St. Joseph's Church dates to 1786 and was pastored by a friend of the early sisters, Reverend John Dubois, who was the founder of Mount St. Mary's College and Seminary. Mount St. Mary's has a rich legacy of education and is often called the "cradle of bishops", having 55 bishops among its alumni. St. Anthony's Parish would have been called the "mountain church" during Mother Seton's time and, while the original building no longer stands, it was a parish that Mother Seton and her sisters frequented. Lastly, the National Shrine Grotto of Our Lady of Lourdes, began as "St. Mary's Chapel on the Hill". Elizabeth Seton and her sisters lived near the grotto in a small log cabin for six weeks upon their arrival to Emmitsburg as their new home in the valley was prepared. These places are truly holy ground.



Ascension Saint Agnes

It was Holy Saturday, 1957, when four-year-old Ann O'Neill's parents rushed her to Saint Agnes Hospital in Baltimore. The diagnosis: acute lymphatic leukemia. Medical treatments were unsuccessful. Children in the hospital, nurses, and Sisters prayed for Mother Seton to intercede. Ann's mother drove her to Emmitsburg and prayed before Mother Seton's relics. Days later, the doctors were amazed. Blood tests showed no evidence of the cancer.



Two years after Ann's original diagnosis, in 1959, the Vatican announced that Ann's healing would contribute directly towards Mother Seton's beatification and ultimately, the declaration of Elizabeth Ann Seton's sainthood.

Ascension Saint Agnes humbly continues the legacy of the Daughters of Charity in providing compassionate care in the service of the poor and vulnerable.

Ascension is a proud partner of the National Eucharistic Congress 2024.

Prayer to St. Elizabeth Ann Seton

Elizabeth, you came from among the wealthy to be with the poor,
guide me in humility to serve God's vulnerable people.
Elizabeth, you taught children to know the love of Jesus,
help our children to know God's never-failing love.
Elizabeth, your belief in the real Presence of Christ in the Eucharist
was a focal point throughout your life.
Recreate your joy in me when I am privileged to receive the Eucharist.
Elizabeth, you were widowed and left with children,
look with compassion upon all who are single parents or alone.
Elizabeth, you founded a community of persons
to live life in the charity of Jesus,
encourage me in simple acts of kindness. Amen.

MOTHER MARY LANGE

The Oblate Sisters of Providence

In 1829 in Baltimore, French Sulpician priest, Fr. James Joubert and Mother Mary Lange, with the support of Archbishop Whitfield, founded the first successful order of sisters specifically for women of African descent. While working with children in the St. Mary's Seminary Lower Chapel on Paca Street, Fr. Joubert discovered that they had difficulty learning their catechism due to their inability to read. He called on two Caribbean teachers, Elizabeth Lange and Marie Magdelene Balas, who had started a free school in their home and who were contemplating consecrated life. Joined by Rosine Boegue, they moved into a house near the seminary where they operated their school and began their novitiate. After Theresa Duchemin joined their number, the four took vows in July 1829 and founded the Oblate Sisters of Providence. Elizabeth received the name Sister Mary and was elected the first Superior, becoming known as Mother Lange. The cause for her beatification was opened in 1991, and she was declared venerable on June 22, 2023.



St. Frances Academy

On June 13, 1828, thirty-five years before President Abraham Lincoln's Emancipation Proclamation, Mother Mary Lange, then Elizabeth Clarisse Lange (c1794-1882), established a school to provide a "Christian education to colored children." The school was established with the mission to teach "children of color to read the Bible," an act that, though not illegal in Maryland, would have been very difficult during the era of American slavery.

The Oblate School for Colored Girls operated for about a year at 5 St. Mary's Court in Baltimore's Seton Hill neighborhood, near St. Mary's Seminary and College on Paca Street. After several moves and name changes, the school is now known as St. Frances Academy and located on East Chase Street.

Completed in 1871, the St. Frances Academy building has served as Motherhouse for the Oblates, a pay school, a free school, and an orphanage.

The Baltimore Basilica

During the 1832 cholera epidemic, four Oblate Sisters of Providence were called on to provide nursing care for the poor residents at the almshouse. Later that year when cholera struck the Archbishop's residence, the Oblates again answered the call. Forty-nine-year-old Sister Anthony, who had just professed her vows earlier that year, and one of the four who served at the almshouse, nursed the Archbishop back to health. She returned again to nurse the Archbishop's housekeeper who had also fallen sick. After having survived two previous encounters with cholera, she contracted the disease again and died at the Archbishop residence, which is adjacent to the Baltimore Basilica.

Mother Mary Lange School

Opened in 2021 on North Martin Luther King Jr Boulevard, Mother Mary Lange Catholic School brings the history of a visionary woman of deep faith who founded the Baltimore-based Oblate Sisters of Providence and Saint Frances Academy in East Baltimore, to light once more.

Prayer for the Beatification of Mother Mary Lange

Almighty and Eternal God,
You granted Mother Mary Lange extraordinary trust in Your providence.
You endowed her with humility, courage, holiness,
and an extraordinary sense of service to the poor and sick.
You enabled her to found the Oblate Sisters of Providence
and provide educational, social, and spiritual ministry
especially to the African American community.
Mother Lange's love for all enabled her to see Christ in each person,
and the pain of prejudice and racial hatred never blurred that vision.
Deign to raise her to the highest honors of the altar in order that,
through her intercession, more souls may come to a deeper understanding
and a more fervent love of You.
Heavenly Father, glorify Your heart by granting also this favor
(here mention your request),
which we ask through the intercession of Your faithful servant,
Mother Mary Lange. Amen.

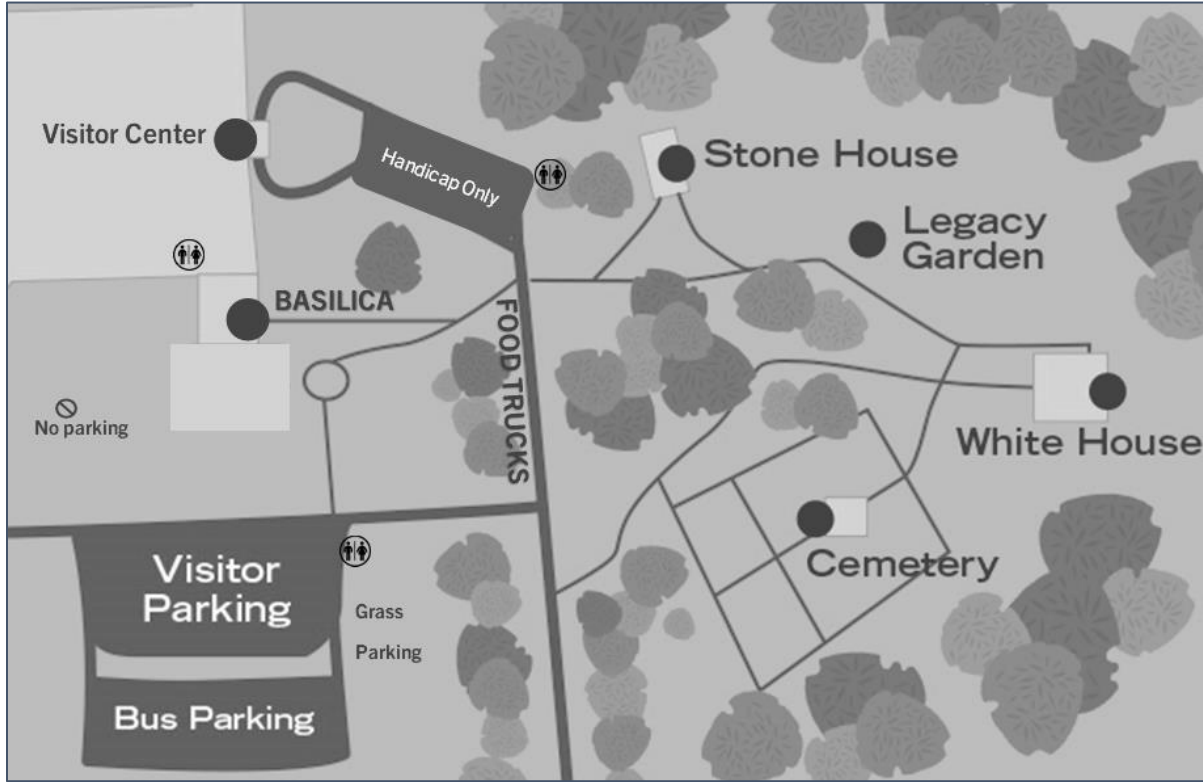
For more information, visit motherlange.org.

Maps

National Shrine of Saint Elizabeth Ann Seton

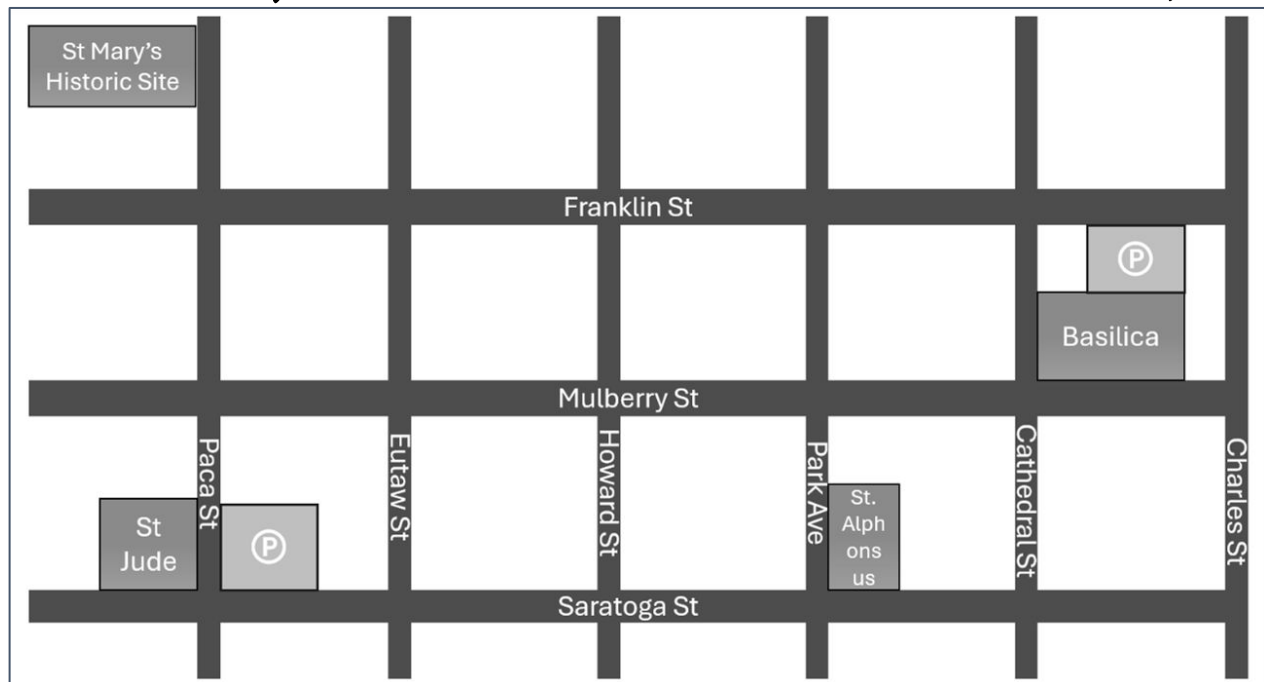
June 6

**A shuttle will be available from 4pm to 6:15pm to return pilgrims from the National Shrine Grotto of Our Lady of Lourdes to the Seton Shrine.*



Baltimore City

June 7





NATIONAL
**Eucharistic
Pilgrimage**



ARCHDIOCESE
of BALTIMORE



Pilgrims arrive from Diocese of Harrisburg

JUNE 5



Westminster, MD – St. John Church – 43 Monroe St.

5 p.m. - 6:30 p.m. – Eucharistic Procession (2.2 miles)



6:30 p.m. - 8:30 p.m. – Cookout (free-will donation accepted)



Emmitsburg, MD – Seton Shrine – 339 S. Seton Ave.

8:30 a.m. - 9:30 a.m. – Mass with Archbishop Lori

9:30 a.m. - 10:30 a.m. – Solemn Procession (1.4 miles)



Noon - 1:30 p.m. – Lunch (available for purchase)



1:30 p.m. - 4:30 p.m. – “Walk in the Footsteps of Mother Seton”

(Seton Shrine to Lourdes Grotto - 3.5 miles)

Seton Shrine Museum and Historic Homes is free and open 10 a.m. – 5 p.m.

JUNE 6



Baltimore, MD – Cathedral of Mary Our Queen – 5200 N. Charles St.

6 p.m. - 6:45 p.m. – Vespers and Eucharistic Preacher (Fr. Leo Patalinghug)

6:45 p.m. - 8 p.m. – “Plating Grace” Food Truck (pre-purchase meal tickets online)



Baltimore, MD – Basilica of the Assumption – 409 Cathedral St.

8:30 a.m. - 9:30 a.m. – Mass with Archbishop Lori

9:30 a.m. - 10:30 a.m. – Solemn Procession (0.7 miles)



(Basilica to St. Mary’s Historic Site - 600 N. Paca St.)

St. Mary’s Visitor Center will remain open for visitors following procession

JUNE 7



Baltimore, MD

1:00 p.m. - 4:30 p.m. – Walk (4.9 miles)

(Our Daily Bread to Patterson Park. Concludes with vespers, benediction, and festival at Patterson Park at about 4:00) *Note: New Ending Location



Pilgrims depart for Archdiocese of Washington



For more information or to register, visit
bit.ly/aob-nep

Questions?

Contact Rosanne Deludos | rdeludos@archbalt.org | 410-547-5405